

2014 SSF Snowflake Festival Boys Routines

| | Boys level 1 | Boys level 2 |
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| Vault | Salute. Run, punch, controlled straight jump, stick, stretch. Salute. | Salute. Run, punch, dive roll on to one 8-incher + incline, stick, finish. Salute. |
| Bar | <ul style="list-style-type: none"> • Jump to front support OR pullover to front support • 3 tight –body casts • Fwd roll to chin– hang, stand, stretch. Salute | <ul style="list-style-type: none"> • Salute. Pullover to front support. • Cast back hipcircle • Cast to push away dismount OR sole-circle dismount, stick. Stretch, Salute. |
| Trampoline | <ul style="list-style-type: none"> • Salute. Walk to center of tramp. • Tuck jump, tuck jump, • Straddle jump, straddle jump, • Seat drop, stick, stretch. Salute. | <ul style="list-style-type: none"> • Salute. Walk to center of tramp. • Tuck jump, tuck jump, • Straddle jump, straddle jump, • Seat drop, stretch bounce • Seat drop, 1/2 turn, stick, stretch. Salute. |
| Floor | <u>No Music</u> <ul style="list-style-type: none"> • Salute. • 3/4 handstand, lunge, finish • Cartwheel, lunge, finish • Backward roll tucked (down incline), stand, finish • 1/2 jump turn • Candlestick (hold 1 sec.), forward roll, stand , finish • Step left, right, left (feet turned out, releve to flat) • Hold scale • Tuck jump • Step forward. pose, finish • Salute | <u>No Music</u> <ul style="list-style-type: none"> • Salute. • 3/4 handstand, lunge, finish • Cartwheel, lunge, finish • Backward roll tucked (down incline), stand, finish • 1/2 jump turn • Candlestick (hold 1 sec.), forward roll, stand , finish • Step left, right, left (feet turned out, releve to flat) • Hold scale • Tuck jump • Step forward. pose, finish • Salute |